



Applegate Deli Counter Selection

All Natural • No Antibiotics Used • Humanely Raised • No Hormones Used • Vegetarian Grain Fed Diet

Hand-Tied Maple Ham (#2602)



We use only the heart-of-the-ham for this hand-tied beauty that we baste with a sweet maple-syrup honey glaze.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts

Serving Size: 2 oz. (56g)
Servings: Varied
Calories 60
Calories from fat 15

Amount Per Serving	%DV*
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 520mg	22%

Amount Per Serving	%DV*
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 10g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%

INGREDIENTS: PORK*, WATER, MAPLE SYRUP. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, EVAPORATED CANE SYRUP, HONEY, CELERY POWDER, SPICE EXTRACTS, NATURAL SMOKE FLAVOR. **GLUTEN & CASEIN FREE.**

Black Forest Ham (#2552)



This traditional German-style ham has a hearty smoked flavor.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts

Serving Size: 2 oz. (56g)
Servings: Varied
Calories 60
Calories from fat 20

Amount Per Serving	%DV*
Total Fat 2.5g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 320mg	13%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 9g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 2% • Calcium 0% • Iron 2%

INGREDIENTS: PORK*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, EVAPORATED CANE SYRUP, CELERY POWDER, SPICE EXTRACTS. COATED WITH CARAMELIZED SUGAR. **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed diet.

Pork
Beef
Poultry
Dry Cured
Cheese

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Virginia-Brand Ham
(#00270)



After a gentle smoking process in the true Southern tradition, we coat this ham with a brown sugar glaze then slowly bake it.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (56g)	Total Fat 1.5g	2%	Total Carbohydrate 1g	0%
Servings: Varied	Saturated Fat 0.5g	3%	Dietary Fiber 0g	0%
Calories 50	Trans Fat 0g		Sugars 1g	
Calories from fat 15	Cholesterol 30mg	10%	Protein 9g	
	Sodium 480mg	20%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%			

INGREDIENTS: PORK*, WATER, EVAPORATED CANE SYRUP. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, CELERY POWDER, SPICE EXTRACTS. COATED WITH EVAPORATED CANE SYRUP, GELATIN, PAPRIKA, CLOVES, CARAMELIZED SUGAR. **GLUTEN & CASEIN FREE.**

Slow Cooked Ham
(#878)



This classic northern European-style ham is slowly cooked to bring out its delicate flavor and tender texture.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (56g)	Total Fat 1.5g	2%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 0.5g	3%	Dietary Fiber 0g	0%
Calories 60	Trans Fat 0g		Sugars 0g	
Calories from fat 15	Cholesterol 35mg	12%	Protein 11g	
	Sodium 480mg	20%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: PORK*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, EVAPORATED CANE SYRUP, CELERY POWDER, SPICE EXTRACTS. **GLUTEN & CASEIN FREE.**

Roast Beef
(#5242)/
(WFM #00924)



Beautifully marbled, tender top round cuts of all natural grass-fed beef are simply rubbed with salt and black pepper and roasted to an even medium-rare.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (56g)	Total Fat 3g	5%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 1g	5%	Dietary Fiber 0g	0%
Calories 80	Trans Fat 0g		Sugars 0g	
Calories from fat 25	Cholesterol 30mg	10%	Protein 12g	
	Sodium 200mg	8%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 8%			

INGREDIENTS: BEEF*, SALT, PEPPER. **GLUTEN & CASEIN FREE.**

** Never administered antibiotics, growth hormones or animal by-products. Grass-fed beef.

Peppered Eye Round Roast Beef
(#519)/
(WFM #00919)



Flavorful tender eye round cuts of all natural grass-fed beef are rubbed and coated with freshly ground black pepper then roasted to an even medium-rare.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (56g)	Total Fat 3g	5%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 1g	5%	Dietary Fiber 0g	0%
Calories 80	Trans Fat 0g		Sugars 0g	
Calories from fat 25	Cholesterol 30mg	10%	Protein 12g	
	Sodium 200mg	8%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 8%			

INGREDIENTS: BEEF*, SALT, PEPPER. **GLUTEN & CASEIN FREE.**

** Never administered antibiotics, growth hormones or animal by-products. Grass-fed beef.

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed diet.

Chipotle Chicken
(#00947)



Tender juicy chicken breast is seasoned with a spicy smoked chipotle chili rub—chicken with a kick!

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 2 oz. (56g)	Total Fat 0.5g	1%	Total Carbohydrate 1g	0%
Servings: Varied	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 60	Trans Fat 0g		Sugars 0g	
Calories from fat 5	Cholesterol 30mg	10%	Protein 12g	
	Sodium 400mg	17%		
	Vitamin A 0% • Vitamin C 2% • Calcium 0% • Iron 2%			

INGREDIENTS: GLUTEN & CASEIN FREE.

Oven Roasted Chicken Breast
(#545)



Tender juicy chicken breast is seasoned with salt, rubbed with paprika, and roasted to perfection.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 2 oz. (56g)	Total Fat 1.5g	2%	Total Carbohydrate 1g	0%
Servings: Varied	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 70	Trans Fat 0g		Sugars 1g	
Calories from fat 15	Cholesterol 30mg	10%	Protein 12g	
	Sodium 310mg	13%		
	Vitamin A 0% • Vitamin C 2% • Calcium 2% • Iron 2%			

INGREDIENTS: CHICKEN BREAST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: HONEY, SALT, POTATO STARCH, CARRAGEENAN (FROM SEAWEED), PAPRIKA.
GLUTEN & CASEIN FREE.

Smoked Chicken Breast
(#546)



Tender juicy chicken breast is seasoned with sea salt and a hint of honey, then lightly smoked.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 2 oz. (56g)	Total Fat 1.5g	2%	Total Carbohydrate 2g	1%
Servings: Varied	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 70	Trans Fat 0g		Sugars 1g	
Calories from fat 15	Cholesterol 30mg	10%	Protein 12g	
	Sodium 310mg	13%		
	Vitamin A 0% • Vitamin C 2% • Calcium 2% • Iron 2%			

INGREDIENTS: CHICKEN BREAST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: HONEY, SALT, POTATO STARCH, CARRAGEENAN (FROM SEAWEED). **GLUTEN & CASEIN FREE.**

Herb Turkey Breast
(#5112)



Our tender juicy turkey breast meat is lightly salted, coated with an earthy herb mix of parsley, rosemary and sage, then slowly roasted.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 2 oz. (56g)	Total Fat 0g	0%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 50	Trans Fat 0g		Sugars 0g	
Calories from fat 0	Cholesterol 30mg	10%	Protein 12g	
	Sodium 400mg	17%		
	Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 4%			

INGREDIENTS: TURKEY BREAST*, WATER, SALT, PEPPER, SPICES, PARSLEY.
GLUTEN & CASEIN FREE.

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed diet.

Honey Maple Turkey Breast
(#5182)



Slowly roasted with a delicate glaze of honey and maple syrup this delicious turkey breast is moist and sweet.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 2 oz. (56g)	Total Fat 0g	0%	Total Carbohydrate 3g	1%
Servings: Varied	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 50	Trans Fat 0g		Sugars 2g	
Calories from fat 0	Cholesterol 25mg	10%	Protein 12g	
	Sodium 450mg	19%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY BREAST*, WATER, HONEY. CONTAINS LESS THAN 2% OF THE FOLLOWING: MAPLE SYRUP, SALT. **GLUTEN & CASEIN FREE.**

No Salt Turkey
(#5122)



Nothing but delicious turkey breast meat—a taste of Thanksgiving in every bite.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 2 oz. (56g)	Total Fat 0g	0%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 60	Trans Fat 0g		Sugars 0g	
Calories from fat 0	Cholesterol 35mg	12%	Protein 15g	
	Sodium 30mg	1%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY*. **GLUTEN & CASEIN FREE.**

Oven Roasted Turkey Breast
(#5162)/
(WFM #00916)



Our tender juicy breast meat is lightly salted to bring out all the flavor—it's a classic.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 2 oz. (56g)	Total Fat 0g	0%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 50	Trans Fat 0g		Sugars 0g	
Calories from fat 0	Cholesterol 30mg	10%	Protein 12g	
	Sodium 400mg	17%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY BREAST*, WATER, SALT. **GLUTEN & CASEIN FREE.**

Oven Roasted Turkey Breast Layout
(#5172)



Our classic tender juicy breast meat seasoned with a spicy rub.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 2 oz. (56g)	Total Fat 0g	0%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 50	Trans Fat 0g		Sugars 0g	
Calories from fat 0	Cholesterol 30mg	10%	Protein 12g	
	Sodium 400mg	17%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed diet.

Smoked Turkey Breast
(#5092)/
(WFM #00909)



Wrapped in netting then gently smoked this delicious turkey is tender and juicy with a smoky flavor.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 2 oz. (56g)	Total Fat 0g	0%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 50	Trans Fat 0g		Sugars 0g	
Calories from fat 0	Cholesterol 30mg	10%	Protein 12g	
	Sodium 400mg	17%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY BREAST*, WATER, SALT. **GLUTEN & CASEIN FREE.**

Southwestern Turkey Breast
(#5152)



Rubbed with a mixture of sun-dried tomatoes, fire roasted red peppers, and cumin this delicious turkey has the flavor of a southwestern salsa.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 2 oz. (56g)	Total Fat 0g	0%	Total Carbohydrate 1g	0%
Servings: Varied	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 50	Trans Fat 0g		Sugars 0g	
Calories from fat 0	Cholesterol 25mg	8%	Protein 11g	
	Sodium 420mg	18%		
	Vitamin A 2% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY BREAST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, FIRE ROASTED PEPPERS (WATER, SALT, CITRIC ACID), PAPRIKA, SPICES, SUN DRIED TOMATOES, GARLIC, ONION, EXTRACT OF PAPRIKA. **GLUTEN & CASEIN FREE.**

Peppered Turkey Breast
(#5142)



Our tender juicy breast meat is generously seasoned with spicy cracked black pepper before being slowly roasted.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 2 oz. (56g)	Total Fat 0g	0%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 50	Trans Fat 0g		Sugars 0g	
Calories from fat 0	Cholesterol 30mg	10%	Protein 12g	
	Sodium 360mg	15%		
	Vitamin A 0% • Vitamin C 2% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY BREAST*, WATER, SALT. CONTAINS LESS THAN 2% OF THE FOLLOWING: CRACKED BLACK PEPPER. **GLUTEN & CASEIN FREE.**

Turkey Pastrami
(#5102)



We cure our tender juicy turkey breasts with a traditional pastrami rub of coriander, cloves, allspice and black pepper, then we gently smoke it to add the finishing flavor.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 2 oz. (56g)	Total Fat 0g	0%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories 50	Trans Fat 0g		Sugars 0g	
Calories from fat 0	Cholesterol 30mg	10%	Protein 12g	
	Sodium 360mg	15%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY BREAST*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, GARLIC EXTRACT, MAPLE SUGAR, SPICES, BROWN SUGAR, DEHYDRATED GARLIC, GARLIC POWDER, SPICE EXTRACTS, PAPRIKA. **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed diet.

Uncured Turkey Bologna (#405)



Our bologna is made in the traditional German style, using coriander, ginger and mace, to spice up the rich flavor of finely ground whole turkey thighs.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (56g)	Total Fat 5.5g	8%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
Calories 90	Trans Fat 0g		Sugars 0g	
Calories from fat 50	Cholesterol 30mg	10%	Protein 9g	
	Sodium 400mg	17%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY*, WATER, SEA SALT. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, GARLIC POWDER, PAPRIKA. **GLUTEN & CASEIN FREE.**

Uncured Turkey Salami (#400)



This coarse ground, lightly smoked salami is made in the German style.

PROPER HANDLING: Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 2 oz. (56g)	Total Fat 2g	3%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 1g	5%	Dietary Fiber 0g	0%
Calories 70	Trans Fat 0g		Sugars 0g	
Calories from fat 25	Cholesterol 30mg	10%	Protein 11g	
	Sodium 360mg	15%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY*, WATER, SEA SALT. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, PAPRIKA, GARLIC. **GLUTEN & CASEIN FREE.**

Prosciutto (#00873)



Whole hams, from humanely raised pork, are cured the way they have been doing it in Italy for hundreds of years: slowly dried and cured for 9 to 12 months to produce that classic rich prosciutto texture and flavor.

Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 7 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 1 oz. (28g)	Total Fat 4g	6%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
Calories 70	Trans Fat 0g		Sugars 0g	
Calories from fat 35	Cholesterol 25mg	8%	Protein 8g	
	Sodium 520mg	22%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%			

INGREDIENTS: GLUTEN & CASEIN FREE.

Genoa Salami (#855)



This classic Italian-style salami is made from humanely raised pork that is slowly dry-cured in the old traditional way.

Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 7 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 1 oz. (28g)	Total Fat 7g	11%	Total Carbohydrate 0g	0%
Servings Per Container: Varied	Saturated Fat 3g	15%	Dietary Fiber 0g	0%
Calories 100	Trans Fat 0g		Sugars 0g	
Calories from fat 60	Cholesterol 20mg	7%	Protein 8g	
	Sodium 480mg	20%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%			

INGREDIENTS: PORK*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, GARLIC POWDER, WINE, SWISS CHARD POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK). **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed diet.

Pepper Salami
(#845)



Pepperoncini and cayenne add a spicy kick to our classic Genoa Salami.

Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 7 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts

	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 1 oz. (28g)	Total Fat 7g	11%	Total Carbohydrate 1g	0%
Servings Per Container: Varied	Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
Calories 100	Trans Fat 0g		Sugars 0g	
Calories from fat 60	Cholesterol 20mg	7%	Protein 8g	
	Sodium 440mg	18%		

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%

PEPPER: INGREDIENTS: PORK*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, WINE, SWISS CHARD POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK), GARLIC POWDER. COATED WITH: BLACK PEPPER, GELATIN. **GLUTEN & CASEIN FREE.**

Pepperoni
Sliced: (#862)



A traditional Italian-style pepperoni with a hint of anise and a spicy flair.

Nutrition Facts

	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 1 oz. (28g)	Total Fat 7g	11%	Total Carbohydrate 1g	0%
Servings: Varied	Saturated Fat 2.5g	13%	Dietary Fiber 0g	0%
Calories 80	Trans Fat 0g		Sugars 1g	
Calories from fat 60	Cholesterol 20mg	7%	Protein 4g	
	Sodium 260mg	11%		

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 2% • Vitamin C 0% • Calcium 0% • Iron 2%

SLICED: INGREDIENTS: PORK*, SEA SALT. CONTAINS LESS THAN 2% OF THE FOLLOWING: DEXTROSE, SPICES, SUGAR, PAPRIKA, EXTRACTIVES OF CELERY & GREEN TEA, GARLIC POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK). **GLUTEN & CASEIN FREE.**

Pepperoni
Stick: (#860)



Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 7 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts

	Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size: 1 oz. (28g)	Total Fat 5g	8%	Total Carbohydrate 0g	0%
Servings Per Container: Varied	Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
Calories 60	Trans Fat 0g		Sugars 0g	
Calories from fat 45	Cholesterol 20mg	7%	Protein 5g	
	Sodium 320mg	13%		

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 0%

STICK: INGREDIENTS: PORK*, SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, PAPRIKA, GARLIC, LACTIC ACID STARTER CULTURE (NOT FROM MILK). **GLUTEN & CASEIN FREE.**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed diet.

Salametti
(#850)



Our Genoa Salami in a chub-size! This classic Italian-style salami is made from humanely raised pork that is slowly dry-cured in the old traditional way.

Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 7 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 1 oz. (28g)	Total Fat 7g	11%	Total Carbohydrate 0g	0%
Servings Per Package: About 9	Saturated Fat 3g	15%	Dietary Fiber 0g	0%
Calories 100	Trans Fat 0g		Sugars 0g	
Calories from fat 60	Cholesterol 20mg	7%	Protein 8g	
	Sodium 480mg	20%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%			

INGREDIENTS: PORK*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, SWISS CHARD POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK), WINE, GARLIC POWDER. **GLUTEN & CASEIN FREE.**

Soppressata
(#852)



Coarsely ground, from humanely raised pork, is delicately seasoned with black pepper and garlic, then dry-cured for almost two months. It has a sweet spicy flavor.

Store at 29°F - 35°F for optimum freshness. Once opened, product should be used within 7 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 1 oz. (28g)	Total Fat 7g	11%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 3g	15%	Dietary Fiber 0g	0%
Calories 100	Trans Fat 0g		Sugars 0g	
Calories from fat 60	Cholesterol 15mg	5%	Protein 8g	
	Sodium 480mg	20%		
	Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%			

INGREDIENTS: PORK*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SWISS CHARD POWDER, LACTIC ACID STARTER CULTURE (NOT FROM MILK), SPICES, WINE, GARLIC POWDER. **GLUTEN & CASEIN FREE.**

American Cheese**
(#7807)



Tangy and delicious, our rBGH-Free American is perfect for grilled cheese or melted on a burger.

Store at 33°F - 40°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 1 oz. (28g/about 1 inch cube)	Total Fat 7g	11%	Total Carbohydrate 1g	0%
Servings: Varied	Saturated Fat 6g	30%	Dietary Fiber 0g	0%
Calories 90	Trans Fat 0g		Sugars 1g	
Calories from fat 63	Cholesterol 20mg	7%	Protein 6g	
	Sodium 350mg	15%		
	Vitamin A 4% • Vitamin C 0% • Calcium 20% • Iron 0%			

INGREDIENTS: AMERICAN CHEESE (CULTURED MILK, SALT, ENZYMES), CREAM, SODIUM CITRATE, SALT. MADE WITH VEGETABLE RENNET. **GLUTEN FREE. CONTAINS: MILK**

Cheddar Cheese**
(#7801)



Perfect in mac & cheese or layered in a sandwich, our rBGH-Free Medium Cheddar is sharp and rich.

Store at 33°F - 40°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts	Amount Per Serving		Amount Per Serving	
		%DV*		%DV*
Serving Size: 1 oz. (28g)	Total Fat 9g	14%	Total Carbohydrate 0g	0%
Servings: Varied	Saturated Fat 5g	27%	Dietary Fiber 0g	0%
Calories 110	Trans Fat 0g		Sugars 0g	
Calories from fat 80	Cholesterol 30mg	9%	Protein 7g	
	Sodium 180mg	7%		
	Vitamin A 6% • Vitamin C 0% • Calcium 20% • Iron 0%			

INGREDIENTS: PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (FOR COLOR). AGED OVER 90 DAYS. **GLUTEN FREE. CONTAINS: MILK**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed diet.

** From cows not treated with rBGH. No significant difference has been shown between milk from rBGH-treated and untreated cows.

Provolone Cheese
(#7800)



Our rBGH-Free Provolone is mild and smooth—great on pizza and pasta dishes.

Store at 33°F - 40°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts

Serving Size: 1 oz. (19g)
Servings: Varied
Calories 70
Calories from fat 45

Amount Per Serving	%DV*
Total Fat 5g	8%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 160mg	7%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 5g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 2% • Vitamin C 0% • Calcium 15% • Iron 0%

INGREDIENTS: PASTEURIZED MILK, CULTURE, SALT, ENZYMES. MADE WITH VEGETABLE RENNET. **GLUTEN FREE. CONTAINS: MILK**

Emmentaler Swiss Cheese
(#7802)



Our authentic rBGH-Free Swiss is imported directly from Switzerland and adds a mild, nutty flavor to any sandwich.

Store at 33°F - 40°F for optimum freshness. Once opened, product should be used within 5 days. After opening, overwrap unused portion and refrigerate.

Nutrition Facts

Serving Size: 1 oz. (28g)
Servings: Varied
Calories 110
Calories from fat 80

Amount Per Serving	%DV*
Total Fat 8g	13%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	9%
Sodium 45mg	2%

Amount Per Serving	%DV*
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 9g	

*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 2% • Vitamin C 0% • Calcium 30% • Iron 0%

INGREDIENTS: PASTEURIZED COW'S MILK, CHEESE CULTURE, SALT, ENZYMES. AGED OVER 60 DAYS. **GLUTEN FREE. CONTAINS: MILK**

* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed diet.

** From cows not treated with rBGH. No significant difference has been shown between milk from rBGH-treated and untreated cows.