



# Applegate Farms Deli Counter Selection

No Antibiotics Used • No Hormones Used • Gluten & Casein Free • Certified Humane Pork • Vegetarian Grain Fed

Hand-Tied  
Maple Ham  
(#2602)



We use only the heart-of-the-ham for this hand-tied beauty that we baste with a sweet maple-syrup honey glaze.

## Nutrition Facts

Serving Size 2 oz. (56g)  
Servings Varied  
Calories 60  
Calories From Fat 15

Amount Per Serving	% DV*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 520mg	<b>22%</b>

Amount Per Serving	% DV*
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 2g	
<b>Protein</b> 10g	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%

INGREDIENTS: PORK\*, WATER, MAPLE SYRUP, SEA SALT, HONEY, EVAPORATED CANE JUICE, CELERY JUICE CONCENTRATE, LACTIC ACID STARTER CULTURE (NOT FROM DAIRY), SPICE EXTRACTIVES, NATURAL SMOKE FLAVOR.

Black Forest  
Ham  
(#2552)



This traditional German-style ham has a hearty smoked flavor.

## Nutrition Facts

Serving Size 2 oz. (56g)  
Servings Varied  
Calories 60  
Calories From Fat 20

Amount Per Serving	% DV*
<b>Total Fat</b> 2.5g	<b>4%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 320mg	<b>13%</b>

Amount Per Serving	% DV*
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 9g	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 2% • Calcium 0% • Iron 2%

INGREDIENTS: PORK\*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, EVAPORATED CANE JUICE, CELERY JUICE CONCENTRATE, LACTIC ACID STARTER CULTURE (NOT FROM MILK), SPICE EXTRACTIVES. COATED WITH CARAMEL COLOR.

\* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Pork Beef Poultry Dry Cured Cheese

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Virginia-Brand Ham  
(#00270)



After a gentle smoking process in the true Southern tradition, we coat this ham with a brown sugar glaze then slowly bake it.

Nutrition Facts		Amount Per Serving	%DV*	Amount Per Serving	%DV*
Serving Size	2 oz. (56g)	<b>Total Fat</b> 1.5g	<b>2%</b>	<b>Total Carbohydrate</b> 1g	<b>0%</b>
Servings	Varied	Saturated Fat 0.5g	<b>3%</b>	Dietary Fiber 0g	<b>0%</b>
<b>Calories</b> 50		Trans Fat 0g		Sugars 1g	
Calories from fat: 15		<b>Cholesterol</b> 30mg	<b>10%</b>	<b>Protein</b> 9g	
		<b>Sodium</b> 480mg	<b>20%</b>		
		Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%			

INGREDIENTS: PORK\*, WATER, EVAPORATED CANE JUICE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, CELERY JUICE, LACTIC ACID STARTER CULTURE (NOT FROM MILK), SPICE EXTRACTIVES. COATED WITH EVAPORATED CANE JUICE, GELATIN, PAPRIKA, CLOVES, CARAMEL COLOR.

Slow Cooked Ham  
(#878)



This classic northern European-style ham is slowly cooked to bring out its delicate flavor and tender texture.

Nutrition Facts		Amount Per Serving	% DV*	Amount Per Serving	% DV*
Serving Size	2 oz. (56g)	<b>Total Fat</b> 1.5g	<b>3%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Servings	Varied	Saturated Fat 0g	<b>0%</b>	Dietary Fiber 0g	<b>0%</b>
<b>Calories</b> 60		Trans Fat 0g		Sugars 0g	
Calories From Fat 15		<b>Cholesterol</b> 35mg	<b>12%</b>	<b>Protein</b> 11g	
		<b>Sodium</b> 480mg	<b>20%</b>		
		Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: PORK\*, WATER, SODIUM LACTATE (FROM BEETS). CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, EVAPORATED CANE JUICE, CELERY JUICE CONCENTRATE, LACTIC ACID STARTER CULTURE (NOT FROM MILK), SPICE EXTRACTIVES.

Roast Beef  
(#5242)/  
(WFM #00924)



Beautifully marbled, tender top round cuts of all natural grass-fed beef are simply rubbed with salt and black pepper and roasted to an even medium-rare.

Nutrition Facts		Amount Per Serving	% DV*	Amount Per Serving	% DV*
Serving Size	2 oz. (56g)	<b>Total Fat</b> 3g	<b>5%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Servings	Varied	Saturated Fat 1g	<b>5%</b>	Dietary Fiber 0g	<b>0%</b>
<b>Calories</b> 80		Trans Fat 0g		Sugars 0g	
Calories From Fat 25		<b>Cholesterol</b> 30mg	<b>10%</b>	<b>Protein</b> 12g	
		<b>Sodium</b> 200mg	<b>8%</b>		
		Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 8%			

INGREDIENTS: BEEF\*\*, SALT, PEPPER.

\*\* Never administered antibiotics, growth hormones or animal by-products. Grass-fed beef.

Peppered Eye Round  
(#519)/  
(WFM #00919)



Flavorful tender eye round cuts of all natural grass-fed beef are rubbed and coated with freshly ground black pepper then roasted to an even medium-rare.

Nutrition Facts		Amount Per Serving	% DV*	Amount Per Serving	% DV*
Serving Size	2 oz. (57g)	<b>Total Fat</b> 3g	<b>5%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Servings	Varied	Saturated Fat 1g	<b>5%</b>	Dietary Fiber 0g	<b>0%</b>
<b>Calories</b> 80		Trans Fat 0g		Sugars 0g	
Calories From Fat 25		<b>Cholesterol</b> 30mg	<b>10%</b>	<b>Protein</b> 12g	
		<b>Sodium</b> 200mg	<b>8%</b>		
		Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 8%			

INGREDIENTS: BEEF\*\*, SALT, PEPPER.

\*\* Never administered antibiotics, growth hormones or animal by-products. Grass-fed beef.

\* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

**Chipotle Chicken**  
(#00947)



Tender juicy chicken breast is seasoned with a spicy smoked chipotle chile rub—chicken with a kick!

**Nutrition Facts**

Serving Size 2 oz. (57g)  
Servings Varied  
**Calories 60**  
Calories From Fat 5

Amount Per Serving	% DV*
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 400mg	<b>17%</b>

Amount Per Serving	% DV*
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 12g	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 2% • Calcium 0% • Iron 2%

INGREDIENTS: CHICKEN BREAST\*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, POTATO STARCH, CARRAGEENAN (FROM SEAWEED), MOLASSES, CHIPOTLE PEPPER, CAYENNE PEPPER, TOMATO PASTE, VINEGAR, SPICES, LOCUST BEAN GUM, CITRIC ACID, DEXTROSE.

**Oven Roasted Chicken Breast**  
(#545)



Tender juicy chicken breast is seasoned with salt, rubbed with paprika, and roasted to perfection.

**Nutrition Facts**

Serving Size 2 oz. (56g)  
Servings Varied  
**Calories 70**  
Calories From Fat 15

Amount Per Serving	% DV*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 310mg	<b>13%</b>

Amount Per Serving	% DV*
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 1g	
<b>Protein</b> 12g	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 2% • Calcium 0% • Iron 2%

INGREDIENTS: CHICKEN BREAST\*, WATER, HONEY, SALT, PAPRIKA.

**Smoked Chicken Breast**  
(#546)



Tender juicy chicken breast is seasoned with sea salt and a hint of honey, then lightly smoked.

**Nutrition Facts**

Serving Size 2 oz. (56g)  
Servings Varied  
**Calories 70**  
Calories from Fat 15

Amount Per Serving	%DV*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 310mg	<b>13%</b>

Amount Per Serving	%DV*
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 1g	
<b>Protein</b> 12g	

\*Percent Daily Values (DV) are based on a 2000 calorie diet

Vitamin A 0% • Vitamin C 2% • Calcium 0% • Iron 2%

INGREDIENTS: CHICKEN BREAST\*, WATER, HONEY, SALT.

**Herb Turkey Breast**  
(#5112)



Our tender juicy turkey breast meat is lightly salted, coated with an earthy herb mix of parsley, rosemary and sage, then slowly roasted.

**Nutrition Facts**

Serving Size 2 oz. (56g)  
Servings Varied  
**Calories 50**  
Calories From Fat 0

Amount Per Serving	% DV*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 400mg	<b>17%</b>

Amount Per Serving	% DV*
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 12g	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 4%

INGREDIENTS: TURKEY BREAST\*, WATER, SALT, SPICES, PARSLEY.

\* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

**Honey Maple Turkey Breast**  
(#5182)



Slowly roasted with a delicate glaze of honey and maple syrup this delicious turkey breast is moist and sweet.

**Nutrition Facts**

Serving Size 2 oz. (56g)  
Servings Varied  
**Calories 50**  
Calories From Fat 0

Amount Per Serving	% DV*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 25mg	<b>10%</b>
<b>Sodium</b> 450mg	<b>19%</b>

Amount Per Serving	% DV*
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 12g	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%

INGREDIENTS: TURKEY BREAST\*, WATER, SODIUM LACTATE (FROM BEETS), HONEY, MAPLE SYRUP, SALT.

**No Salt Turkey**  
(#5122)



Nothing but delicious turkey breast meat—a taste of Thanksgiving in every bite.

**Nutrition Facts**

Serving Size 2 oz. (56g)  
Servings Varied  
**Calories 60**  
Calories From Fat 0

Amount Per Serving	% DV*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 30mg	<b>1%</b>

Amount Per Serving	% DV*
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 15g	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%

INGREDIENTS: TURKEY BREAST.\*

**Oven Roasted Turkey Breast**  
(#5162)/  
(WFM #00916)



Our tender juicy breast meat is lightly salted to bring out all the flavor—it's a classic.

**Nutrition Facts**

Serving Size 2 oz. (56g)  
Servings Varied  
**Calories 50**  
Calories From Fat 0

Amount Per Serving	% DV*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 400mg	<b>17%</b>

Amount Per Serving	% DV*
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 12g	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%

INGREDIENTS: TURKEY BREAST\*, WATER, SALT.

**Oven Roasted Turkey Breast Layout**  
(#5172)



Our classic tender juicy breast meat seasoned with a spicy rub.

**Nutrition Facts**

Serving Size 2 oz. (56g)  
Servings Varied  
**Calories 50**  
Calories From Fat 0

Amount Per Serving	% DV*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 400mg	<b>17%</b>

Amount Per Serving	% DV*
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 12g	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%

INGREDIENTS: TURKEY BREAST\*, WATER, SALT, PAPRIKA, SPICES.

\* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Smoked Turkey Breast (#5092)/ (WFM #00909)



Wrapped in netting then gently smoked this delicious turkey is tender and juicy with a smoky flavor.

Nutrition Facts		Amount Per Serving	% DV*	Amount Per Serving	% DV*
Serving Size 2 oz. (56g)		<b>Total Fat</b> 0g	<b>0%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Servings Varied		Saturated Fat 0g	0%	Dietary Fiber 0g	0%
<b>Calories</b> 50		Trans Fat 0g		Sugars 0g	
Calories From Fat 0		<b>Cholesterol</b> 30mg	<b>10%</b>	<b>Protein</b> 12g	
		<b>Sodium</b> 400mg	<b>17%</b>		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY BREAST\*, WATER, SALT.

Southwestern Turkey Breast (#5152)



Rubbed with a mixture of sun-dried tomatoes, fire roasted red peppers, and cumin this delicious turkey has the flavor of a southwestern salsa.

Nutrition Facts		Amount Per Serving	% DV*	Amount Per Serving	% DV*
Serving Size: 2 oz. (56g)		<b>Total Fat</b> 0g	<b>0%</b>	<b>Total Carbohydrate</b> 1g	<b>0%</b>
Servings Varied		Saturated Fat 0g	0%	Dietary Fiber 0g	0%
<b>Calories</b> 50		Trans Fat 0g		Sugars 0g	
Calories From Fat 0		<b>Cholesterol</b> 25mg	<b>8%</b>	<b>Protein</b> 11g	
		<b>Sodium</b> 420mg	<b>18%</b>		
*Percent Daily Values (DV) are based on a 2000 calorie diet		Vitamin A 2% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY BREAST\*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, FIRE ROASTED RED PEPPERS (WATER, SALT, CITRIC ACID), PAPRIKA, SPICES, SUN DRIED TOMATOES, GARLIC, ONION, EXTRACT OF PAPRIKA.

Peppered Turkey Breast (#5142)



Our tender juicy breast meat is generously seasoned with spicy cracked black pepper before being slowly roasted.

Nutrition Facts		Amount Per Serving	% DV*	Amount Per Serving	% DV*
Serving Size 2 oz. (56g)		<b>Total Fat</b> 0g	<b>0%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Servings Varied		Saturated Fat 0g	0%	Dietary Fiber 0g	0%
<b>Calories</b> 50		Trans Fat 0g		Sugars 0g	
Calories From Fat 0		<b>Cholesterol</b> 30mg	<b>10%</b>	<b>Protein</b> 12g	
		<b>Sodium</b> 360mg	<b>15%</b>		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 0% • Vitamin C 2% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY BREAST\*, WATER, SALT, CRACKED BLACK PEPPER.

Turkey Pastrami (#5102)



We cure our tender juicy turkey breasts with a traditional pastrami rub of coriander, cloves, allspice and black pepper, then we gently smoke it to add the finishing flavor.

Nutrition Facts		Amount Per Serving	% DV*	Amount Per Serving	% DV*
Serving Size 2 oz. (56g)		<b>Total Fat</b> 0g	<b>0%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Servings Varied		Saturated Fat 0g	0%	Dietary Fiber 0g	0%
<b>Calories</b> 50		Trans Fat 0g		Sugars 0g	
Calories From Fat 0		<b>Cholesterol</b> 30mg	<b>10%</b>	<b>Protein</b> 12g	
		<b>Sodium</b> 360mg	<b>15%</b>		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

INGREDIENTS: TURKEY BREAST\*, WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, GARLIC EXTRACT, MAPLE SUGAR, SPICES, BROWN SUGAR, DEHYDRATED GARLIC, NATURAL FLAVORS, PAPRIKA. COATED WITH CRACKED CORIANDER, PEPPER, SPICES.

\* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

Uncured Turkey Bologna (#405)



Our bologna is made in the traditional German style, using coriander, ginger and mace, to spice up the rich flavor of finely ground whole turkey thighs.

**Nutrition Facts**

Serving Size 2 oz. (56g)  
Servings Varied  
**Calories** 90  
Calories From Fat 50

Amount Per Serving	% DV*
<b>Total Fat</b> 5.5g	<b>8%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 400mg	<b>17%</b>

Amount Per Serving	% DV*
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 9g	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%

INGREDIENTS: TURKEY\*, WATER, SEA SALT. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, GARLIC POWDER, PAPRIKA.

Uncured Turkey Salami (#400)



This coarse ground, lightly smoked salami is made in the German style.

**Nutrition Facts**

Serving Size 2 oz. (57g)  
Servings Varied  
**Calories** 70  
Calories From Fat 25

Amount Per Serving	% DV*
<b>Total Fat</b> 2g	<b>4%</b>
Saturated Fat 1g	<b>4%</b>
Trans Fat 1g	
<b>Cholesterol</b> 30mg	<b>8%</b>
<b>Sodium</b> 360mg	<b>14%</b>

Amount Per Serving	% DV*
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 11g	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%

INGREDIENTS: TURKEY\*, WATER, SEA SALT. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, PAPRIKA, GARLIC.

Prosciutto (#00873)



Whole hams, from certified humane pork, are cured the way they have been doing it in Italy for hundreds of years: slowly dried and cured for 9 to 12 months to produce that classic rich prosciutto texture and flavor.

**Nutrition Facts**

Serving Size 1 oz. (28g)  
Servings Varied  
**Calories** 70  
Calories From Fat 35

Amount Per Serving	% DV*
<b>Total Fat</b> 4g	<b>6%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 640mg	<b>26%</b>

Amount Per Serving	% DV*
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 9g	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 2%

INGREDIENTS: PORK\*, SALT, SPICE.

Genoa Salami (#855)



This classic Italian-style salami is made of certified humane pork that is slowly dry-cured in the old traditional way.

**Nutrition Facts**

Serving Size 1 oz. (28g)  
Servings Varied  
**Calories** 110  
Calories From Fat 80

Amount Per Serving	% DV*
<b>Total Fat</b> 9g	<b>14%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol</b> 20mg	<b>7%</b>
<b>Sodium</b> 520mg	<b>22%</b>

Amount Per Serving	% DV*
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 7g	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%

INGREDIENTS: PORK\*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, GARLIC POWDER, WINE, CELERY JUICE, LACTIC ACID STARTER CULTURE (NOT FROM MILK).

\* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

**Herb Salami**  
(#840)

**Pepper Salami**  
(#845)



This classic Italian-style salami, made of certified humane pork, is rubbed with oregano, thyme, basil and rosemary, then slowly dry-cured in the old traditional way.

Pepperoncini and cayenne add a spicy kick to our classic Genoa Salami.

**Pepperoni Sliced:** (#862)

**Pepperoni Stick:** (#860)



A traditional Italian-style pepperoni with a hint of anise and a spicy flair.

**Nutrition Facts**

Serving Size 1 oz. (28g)  
Servings Varied  
**Calories** 70  
Calories From Fat 40

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount Per Serving	% DV*	Amount Per Serving	% DV*
<b>Total Fat</b> 4.5g	<b>7%</b>	<b>Total Carbohydrate</b> 1g	<b>0%</b>
Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
<b>Cholesterol</b> 20mg	<b>7%</b>	<b>Protein</b> 5g	
<b>Sodium</b> 240mg	<b>10%</b>		
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 15%			

**HERB:** INGREDIENTS: PORK\*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, WINE, CELERY JUICE, LACTIC ACID STARTER CULTURE (NOT FROM MILK), GARLIC POWDER. COATED WITH HERBS, GELATIN.

**Nutrition Facts**

Serving Size 1 oz. (28g)  
Servings Varied  
**Calories** 70  
Calories From Fat 40

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount Per Serving	% DV*	Amount Per Serving	% DV*
<b>Total Fat</b> 4.5g	<b>7%</b>	<b>Total Carbohydrate</b> 1g	<b>0%</b>
Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
<b>Cholesterol</b> 20mg	<b>7%</b>	<b>Protein</b> 5g	
<b>Sodium</b> 240mg	<b>10%</b>		
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 15%			

**PEPPER:** INGREDIENTS: PORK\*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SPICES, WINE, CELERY JUICE, LACTIC ACID STARTER CULTURE (NOT FROM MILK), GARLIC POWDER. COATED WITH BLACK PEPPER, GELATIN.

**Nutrition Facts**

Serving Size 2 oz. (56g)  
Servings Varied  
**Calories** 230  
Calories From Fat 170

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount Per Serving	% DV*	Amount Per Serving	% DV*
<b>Total Fat</b> 19g	<b>29%</b>	<b>Total Carbohydrate</b> 1g	<b>0%</b>
Saturated Fat 9g	45%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 1g	
<b>Cholesterol</b> 60mg	<b>20%</b>	<b>Protein</b> 13g	
<b>Sodium</b> 980mg	<b>41%</b>		
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

**SLICED:** INGREDIENTS: PORK\*, BEEF\*, WATER, SALT, SPICES, DEXTROSE, SUGAR, PAPRIKA, GARLIC, LACTIC ACID STARTER CULTURE (NOT FROM MILK).

**Nutrition Facts**

Serving Size 1 oz. (28g)  
Servings Varied  
**Calories** 60  
Calories From Fat 45

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount Per Serving	% DV*	Amount Per Serving	% DV*
<b>Total Fat</b> 5g	<b>8%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Saturated Fat 1.5g	8%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
<b>Cholesterol</b> 20mg	<b>7%</b>	<b>Protein</b> 5g	
<b>Sodium</b> 320mg	<b>13%</b>		
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 0%			

**STICK:** INGREDIENTS: PORK\*, SALT, DEXTROSE, SPICE, PAPRIKA, GARLIC, LACTIC ACID STARTER CULTURE (NOT FROM MILK).

\* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

**Salametti**  
(#850)



Our Genoa Salami in a chub-size! This classic Italian-style salami is made of certified humane pork that is slowly dry-cured in the old traditional way.

**Nutrition Facts**

Serving Size 1 oz. (28g)  
Servings Varied  
**Calories** 70  
Calories From Fat 35

Amount Per Serving	% DV*	Amount Per Serving	% DV*
<b>Total Fat</b> 4g	<b>6%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Saturated Fat 1g	5%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>	<b>Protein</b> 9g	
<b>Sodium</b> 450mg	<b>19%</b>		
Vitamin A 0% • Vitamin C 2% • Calcium 2% • Iron 4%			

**INGREDIENTS:** PORK\*, SEA SALT, DEXTROSE, SPICES, WINE, LACTIC ACID STARTER CULTURE (NOT FROM MILK), GARLIC.

**Soppressata**  
(#852)



Coarsely ground, certified humane pork is delicately seasoned with black pepper and garlic, then dry-cured for almost two months. It has a sweet spicy flavor.

**Nutrition Facts**

Serving Size 1 oz. (28g)  
Servings Varied  
**Calories** 110  
Calories From Fat 80

Amount Per Serving	% DV*	Amount Per Serving	% DV*
<b>Total Fat</b> 9g	<b>14%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Saturated Fat 3g	15%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
<b>Cholesterol</b> 20mg	<b>7%</b>	<b>Protein</b> 7g	
<b>Sodium</b> 520mg	<b>22%</b>		
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 6%			

**INGREDIENTS:** PORK\*, SEA SALT, DEXTROSE. CONTAINS LESS THAN 2% OF THE FOLLOWING: CELERY JUICE, LACTIC ACID STARTER CULTURE (NOT FROM MILK), SPICES, WINE, GARLIC POWDER.

**American Cheese\*\***  
(#7807)



Tangy and delicious, our rBGH-Free American is perfect for grilled cheese or melted on a burger.

**Nutrition Facts**

Serving Size 1 oz (28g)  
Servings Varied  
**Calories** 80  
Calories From Fat 60

Amount Per Serving	% DV*	Amount Per Serving	% DV*
<b>Total Fat</b> 7g	<b>10%</b>	<b>Total Carbohydrate</b> 1g	<b>0%</b>
Saturated Fat 5g	25%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>	<b>Protein</b> 5g	
<b>Sodium</b> 270mg	<b>11%</b>		
Vitamin A 5% • Vitamin C 0% • Calcium 12% • Iron 0%			

**INGREDIENTS:** AMERICAN CHEESE (CULTURED MILK, SALT, ENZYMES), CREAM, SODIUM CITRATE, SALT. MADE WITH VEGETABLE RENNET. CONTAINS: MILK

**Cheddar Cheese\*\***  
(#7801)



Perfect in mac & cheese or layered in a sandwich, our rBGH-Free Medium Cheddar is sharp and rich.

**Nutrition Facts**

Serving Size 1 oz. (28g)  
Servings Varied  
**Calories** 110  
Calories From Fat 80

Amount Per Serving	% DV*	Amount Per Serving	% DV*
<b>Total Fat</b> 9g	<b>14%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Saturated Fat 5g	27%	Dietary Fiber 0g	0%
Trans Fat 0g		Sugars 0g	
<b>Cholesterol</b> 30mg	<b>9%</b>	<b>Protein</b> 7g	
<b>Sodium</b> 180mg	<b>7%</b>		
Vitamin A 6% • Vitamin C 0% • Calcium 20% • Iron 0%			

**INGREDIENTS:** PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (FOR COLOR). AGED 30 DAYS OR MORE. MADE WITH VEGETABLE RENNET. CONTAINS: MILK

\* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

\*\* From cows not treated with rBGH. No significant difference has been shown between milk from rBGH-treated and untreated cows.

**Provolone  
Cheese**  
(#7800)



Our rBGH-Free Provolone is mild and smooth—great on pizza and pasta dishes.

**Nutrition Facts**

	Amount Per Serving	% DV*	Amount Per Serving	% DV*
Serving Size 1 oz (19g)	<b>Total Fat</b> 5g	<b>8%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Servings Varied	Saturated Fat 2.5g	<b>13%</b>	Dietary Fiber 0g	<b>0%</b>
<b>Calories</b> 70	Trans Fat 0g		Sugars 0g	
Calories From Fat 45	<b>Cholesterol</b> 15mg	<b>5%</b>	<b>Protein</b> 5g	
	<b>Sodium</b> 160mg	<b>7%</b>		
	Vitamin A 2% • Vitamin C 0% • Calcium 15% • Iron 0%			

INGREDIENTS: PASTEURIZED MILK, CULTURE, SALT, ENZYMES. MADE WITH VEGETABLE RENNET. CONTAINS: MILK

**Emmentaler  
Swiss Cheese**  
(#7802)



Our authentic Swiss is imported directly from Switzerland and adds a mild, nutty flavor to any sandwich.

**Nutrition Facts**

	Amount Per Serving	% DV*	Amount Per Serving	% DV*
Serving Size 1 oz. (28g)	<b>Total Fat</b> 8g	<b>13%</b>	<b>Total Carbohydrate</b> 0g	<b>0%</b>
Servings Varied	Saturated Fat 5g	<b>25%</b>	Dietary Fiber 0g	<b>0%</b>
<b>Calories</b> 110	Trans Fat 0g		Sugars 0g	
Calories From Fat 80	<b>Cholesterol</b> 25mg	<b>9%</b>	<b>Protein</b> 9g	
	<b>Sodium</b> 45mg	<b>2%</b>		
	Vitamin A 2% • Vitamin C 0% • Calcium 30% • Iron 0%			

INGREDIENTS: PASTEURIZED COW'S MILK, CHEESE CULTURE, SALT, ENZYMES. AGED OVER 60 DAYS. CONTAINS: MILK

\* Never administered antibiotics, growth hormones or animal by-products. Vegetarian grain-fed.

\*\* From cows not treated with rBGH. No significant difference has been shown between milk from rBGH-treated and untreated cows.